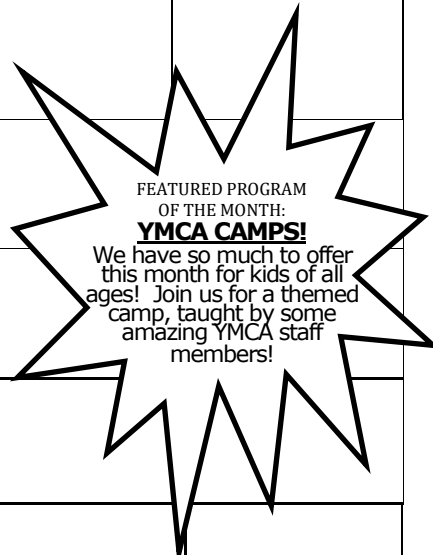




OSWEGO YMCA FAMILY PROGRAMMING

August 1st – August 31st, 2017

MON	TUES	WED	THURS	FRI	SAT
Gym Class Heroes 9:15-10:00am Ages 6-12	Jump and Jive 9:15-9:45am Age 2	BGC (Book, Game, Craft) 9:15-10:00am Ages 4-6	Roll, Kick, Bounce! 9:10-9:40am Ages 2	Disney Dance Party 9:15-9:45am Ages 1-2	Amazing Art 10:00-10:45am Ages 5-10
Move and Groove 9:15-9:45am Age 3	Dare to Draw 9:30-10:00am Ages 6-12	Four Square Sensation 9:30-10:15am Age 6-12	Outdoor Art 9:30-10:30am Ages 6-12	Fit Kids! 9:30-10:15am Ages 6-12	Kinder Sports 10:15-11:00am Ages 3-6
Expedition America! 9:30-10:00am Ages 4-6	Dare to Draw 10:00-10:30am Ages 5-6	Kids in Motion 9:30-9:50am Age 2	Roll, Kick, Bounce! 9:40-10:10am Ages 3	BGC (Book, Game, Craft) 9:45-10:30am Ages 3-6	Gym Class Heroes 11:00-11:45am Ages 5-10
Move and Groove 9:45-10:15am Age 2	Jump and Jive 9:45-10:15am Ages 3-4	Kids in Motion 9:55-10:15am Age 3	Kids Yoga 9:45-10:15am Ages 4-6	Fine Motor Fun 10:30-11:00am Ages 2-4	
Expedition America! 10:00-10:45am Ages 6-12	Fit Kids! 10:15-11:00am Ages 6-12	Dodgeball Madness! 10:15-11:00am Ages 6-12	Kids Yoga 10:15-10:45am Ages 6-12	Postpartum and Breastfeeding Support Group Registration Required 11:00am-12:00pm	<i>*No classes on Saturday, August 26th. Join us for the YMCA Dragon Boat Festival!*</i>
*Toddler Tumbling 10:30-11:00am Ages 2-3		Little Tykes Obstacle Course 10:20-10:50am Ages 12m-18m (with parent, please)			
	Gym Class Heroes 5:15-6:00pm Ages 4-9	Little Tykes Obstacle Course 10:50-11:10am Ages 2-3			
	*Gymnastics 5:30-6:30pm Ages 4-6	*On the Go Fun! 12:00-3:00pm OR 1:00-3:00pm Ages 3-12 <i>*no class 8/30</i>			
	*Gymnastics 6:30-7:30pm Ages 7-12	Indoor Soccer 5:15-6:00pm Ages 3-6 years	*Gymnastics 5:30-6:30pm Ages 4-6		
	Dodgeball Madness! 6:30-7:15pm Ages 6-12	Gym Class Heroes 6:15-7:00pm Ages 6-12 years	*Gymnastics 6:30-7:30pm Ages 7-12		



SPECIAL EVENTS

Friday, August 11th
Parents Night Out!
A Night at the Races!
5:30-8:30pm
Ages 2-12
\$10 members
\$15 non-members

CHECK OUT OUR THEMED CAMPS THIS MONTH!

Gymnastics Camp
July 31st, August 1st, August 2nd
Ages 4-6
TWO CHOICES
10:00-11:00am **OR**
12:00-1:00pm
\$15 member
\$20 non member

Gymnastics Camp
July 31st, August 1st, August 2nd
Ages 7-12
1:00-2:00pm
\$15 member
\$20 non member

Perfect Pie Camp
August 9th and 10th
Ages 10-16
5:00-7:30pm
\$35 member
\$40 non member

Shining Stars Camp
August 7th and 10th
Final Performance 8/10 at 1:45
Ages 6-9
11:00-2:00pm
\$40 member
\$50 non member

Shining Stars Camp
August 8th and 11th
Final Performance 8/11 at 1:45pm
Ages 3-5
11:00-2:00pm
\$40 member
\$50 non member

Kinder Camp
August 14th-18th
Ages 3-5
9:30-12:30pm
\$50 member
\$60 non member

Gymnastics Clinic
August 17th
Ages 8-16
1:00-3:00pm
\$10 member
\$20 non member

Programs and events may be cancelled at any time due to lack of enrollment and/or instructor availability.

Family Wellness Hours: Ages 8-10. Fridays 4-8pm, Saturdays 12-2pm and Sundays 9am-12pm. Cardio equipment use only with a parent.

Kids Club: FREE with your Oswego YMCA family membership while you take classes or work out in the Y! Additional fees if you are out of the building or are a non-member. Ages 3 months to 12 years

Mon, Wed, Fri, Sat 8:45am-12pm
Tues, Thurs 8:30-12pm

Monday 4pm-7:00pm Wednesday 4pm-7:30pm
Tues & Thurs 4pm-7:45pm

Oswego YMCA • 265 W. First Street • Oswego, NY 13126 315-342-6082 •