



OSWEGO YMCA FAMILY PROGRAMMING

September 1st – September 30th, 2017

MON	TUES	WED	THURS	FRI	SAT
Move and Groove 9:15-9:45am Age 3	ABC Fun 9:15-9:45am Age 2	Little Tykes Obstacle Course 9:15-9:45am Age 12m- 2 (12m-18m with parent)	Roll, Kick, Bounce! 9:15-9:45am Ages 2	Disney Dance Party 9:15-9:45am Ages 1-3	Amazing Art 10:00-10:45am Ages 5-10
Sign Language 9:30-10:00am Age 4-6	*Little Learners 9:30am-12:00pm Ages 2-3	Amazing Art 9:20-9:50am Ages 3-4	*Little Learners 9:30am-12:00pm Ages 2-3	BGC (Book, Game, Craft) 9:45-10:15am Ages 3-6	Kinder Sports 10:15-11:00am Ages 3-6
Dare to Draw 9:45-10:30am Ages 7-12	ABC Fun 9:45-10:15am Ages 3-4	Little Tykes Obstacle Course 10:00-10:30am Ages 3-4	Roll, Kick, Bounce! 9:50-10:20am Ages 3-4	Postpartum and Breastfeeding Support Group Registration Required 10:00am-11:00am	Gym Class Heroes 11:00-11:45am Ages 5-10
Move and Groove 9:45-10:15am Age 2	NEW DAY! *Toddler Tumbling 10:15-10:45am Ages 2-3	Amazing Art 10:00-10:30am Age 2		Fine Motor Fun 10:30-11:00am Ages 2-4	
Dare to Draw 10:30-11:00am Ages 4-6		*Preschool Extension Class 12:00-3:00pm Ages 3-4			
Baby Boogie 10:30-11:00am Adult/Child Class Ages 6m-18m <i>NO CLASS 9/4 and 9/11</i>		*Homeschool Extension Class 12:00-3:00pm GRADES K-12			
Super Science 10:30-11:15am Ages 7-12					
Cornell Co. Extension Nutrition Class 11:00am-11:30am Ages 4-6 <i>FREE TO THE PUBLIC</i>					
Cornell Co. Extension Nutrition Class 11:30am-12:00pm Ages 7-12 <i>FREE TO THE PUBLIC</i>	Gym Class Heroes 5:15-6:00pm Ages 4-9	Dodgeball Madness Junior 5:15-6:00pm Ages 3-6 years	*Gymnastics 5:30-6:30pm Ages 4-6		
P.E. Class 12:00-12:30pm Ages 4-12	Dodgeball Madness! 6:30-7:15pm Ages 6-12	Gym Class Heroes 6:15-7:00pm Ages 6-12 years	*Gymnastics 6:30-7:30pm Ages 7-12		

FEATURED PROGRAM OF THE MONTH:
HOMESCHOOL EXTENSION
Every week we offer music, art history, gym and more to home-school students! Drop off program!

SPECIAL EVENTS

Parents Night Out!

NEW DAY!
Saturday, September 9th
Ye-haw! Join us for a country hoe down!
5:30-8:30pm
Ages 2-12
\$10 members
\$15 non-members

Natural Living Adult Class

Monday, September 11th
10:30-11:15am
Learn more about using less harmful chemicals in our everyday lives and saving money, too!

Little Explorers Parent/Child Class

Saturday, September 23rd
9:45-10:15am
Ages 6m-18m
10:15-11:00am
Ages 18m-3
11:00-11:45am
Ages 3-6

PLEASE NOTE:
The YMCA is closed on Monday, September 4th

Programs and events may be cancelled at any time due to lack of enrollment and/or instructor availability.

Family Wellness Hours: Ages 8-10. Fridays 4-8pm, Saturdays 12-2pm and Sundays 9am-12pm. Cardio equipment use only with a parent.

Kids Club: FREE with your Oswego YMCA family membership while you take classes or work out in the Y! Additional fees if you are out of the building or are a non-member. Ages 3 months to 12 years

Mon, Wed, Fri, Sat 8:45am-12pm
Tues, Thurs 8:30-12pm

Monday 4pm-7:00pm Wednesday 4pm-7:30pm
Tues & Thurs 4pm-7:45pm

Oswego YMCA • 265 W. First Street • Oswego,
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