



# OSWEGO YMCA FAMILY PROGRAMMING

November 1<sup>st</sup> – November 30<sup>th</sup>, 2017

MON	TUES	WED	THURS	FRI	SAT
<b>Move and Groove</b> 9:15-9:45am Age 3	<b>ABC Fun</b> 9:15-9:40am Age 2	<b>Little Tykes Obstacle Course</b> 9:15-9:45am Age 12m- 2 (12m-18m with parent)	<b>Roll, Kick, Bounce!</b> 9:15-9:35am Age 2	<b>Disney Dance Party</b> 9:15-9:45am Ages 1-3	<b>Amazing Art</b> 9:45-10:30am Ages 5-10 <i>No Class 11/18</i>
<b>Sign Language</b> 9:30-10:00am Age 4-6 <i>No Class 11/6</i>	<b>*Little Learners</b> 9:30am-12:00pm Ages 2-3	<b>Amazing Art</b> 9:20-9:50am Ages 3-4	<b>*Little Learners</b> 9:30am-12:00pm Ages 2-3	<b>BGC (Book, Game, Craft)</b> 9:45-10:15am Ages 3-6	<b>Kinder Sports</b> 9:30-10:15am Ages 3-6
<b>All About Games</b> 9:45-10:30am Ages 7-12	<b>ABC Fun</b> 9:40-10:05am Age 3-4	<b>Little Tykes Obstacle Course</b> 10:00-10:30am Age 3-4	<b>Roll, Kick, Bounce!</b> 9:35-9:55am Ages 3-4	<b>Fine Motor Fun</b> 10:30-11:00am Ages 2-3	<b>Gym Class Heroes</b> 10:15-11:00am Ages 5-10
<b>Move and Groove</b> 9:45-10:15am Age 2	<b>*Toddler Tumbling</b> 10:15-10:45am Ages 2-3	<b>Amazing Art</b> 10:00-10:30am Age 2			
<b>BGC (Book, Game, Craft)</b> 10:30-11:00am Ages 4-6		<b>*Preschool Extension Class</b> 12:00-3:00pm Ages 3-4			
<b>Baby Boogie</b> 10:30-11:00am Adult/Child Class Ages 6m-18m		<b>*Homeschool Extension Class</b> 12:00-3:00pm GRADES K-12			
<b>Poetry</b> 10:30-11:15am Ages 7-12					
<b>Cornell Co. Extension Nutrition Class</b> 11:00am-11:30am Ages 4-6 <i>FREE TO THE PUBLIC</i>					
<b>Cornell Co. Extension Nutrition Class</b> 11:30am-12:00pm Ages 7-12 <i>FREE TO THE PUBLIC</i>	<b>Gym Class Heroes</b> 5:15-6:00pm Ages 4-9	<b>Dodgeball Madness Junior</b> 5:15-6:00pm Ages 3-6 years	<b>*Gymnastics</b> 5:30-6:30pm Ages 4-6		
<b>P.E. Class</b> 12:00-12:30pm Ages 4-12	<b>Dodgeball Madness!</b> 6:30-7:15pm Ages 6-12	<b>Gym Class Heroes</b> 6:15-7:00pm Ages 6-12 years	<b>*Gymnastics</b> 6:30-7:30pm Ages 7-12		
<b>Gym Class Heroes</b> 4:30-5:15pm Ages 6-12 years					

FEATURED PROGRAM  
OF THE MONTH:  
**No School?  
No Problem!**  
We have extra morning  
classes for ages 4-6  
and 7-12 on 11/10,  
11/22 and 11/24!  
9:30-10:15am

## SPECIAL EVENTS

**Parents Night Out!**  
Saturday, November 11th  
5:30-8:30pm Ages 2-12  
\$10 members \$15 non-members

**Budgeting for the Busy Mom  
Adult Class**  
Mondays in November (4 sessions)  
4:30-5:30pm  
Pricing is for the entire course!  
\$10 members \$20 non-members

Monday, November 13th  
**YMCA Babysitting Course**  
9:00am-3:00pm  
Age 11 and up  
\$40 per person Includes lunch!

Friday, November 17th  
**Tween Paint and Bounce**  
6:00-8:00pm Ages 9 and up  
\$15 members \$20 non-members

Saturday, November 18th  
**Craft and Bounce**  
9:30-11:00am Ages 2-5  
\$10 members \$15 non-members

Saturday, November 18th  
**Paint and Bounce**  
1:00-3:00pm Ages 5 and up  
\$15 members \$20 non-members

Thursday, November 30th  
**Crafty Christmas Cards**  
6:00-7:30pm  
\$15 members \$25 non-members

Programs and events may be cancelled at any time due to lack of enrollment and/or instructor availability.

**Family Wellness Hours:** Ages 8-10. Fridays 4-8pm, Saturdays 12-2pm and Sundays 9am-12pm. Cardio equipment use only with a parent.

**Kids Club:** FREE with your Oswego YMCA family membership while you take classes or work out in the Y! Additional fees if you are out of the building or are a non-member. Ages 3 months to 12 years

**Mon, Wed, Fri, Sat 8:45am-12pm**  
**Tues, Thurs 8:30-12pm**  
**Monday 4pm-7:00pm Wednesday 4pm-7:30pm**  
**Tues & Thurs 4pm-7:45pm**

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