



# OSWEGO YMCA FAMILY PROGRAMMING

January 1<sup>st</sup> – January 31<sup>st</sup>, 2017

MON	TUES	WED	THURS	FRI	SAT
<b>Move and Groove</b> 9:30-10:10am Ages 2-3	<b>ABC Fun</b> 9:15-9:40am Age 2	<b>Amazing Art</b> 9:20-9:50am Ages 3-4	<b>Roll, Kick, Bounce!</b> 9:15-9:35am Age 2	<b>Disney Dance Party</b> 9:15-9:45am Ages 1-3	<b>Amazing Art</b> 9:30-10:15am Ages 5-10
<b>Baby Boogie</b> 10:20-11:00am Adult/Child Class Ages 6m-18m	<b>*Little Learners</b> 9:30am-12:00pm Ages 2-3	<b>Little Tykes Obstacle Course</b> 9:30-10:00am Age 12m-2 (12m-18m with parent)	<b>*Little Learners</b> 9:30am-12:00pm Ages 2-3	<b>BGC (Book, Game, Craft)</b> 9:45-10:15am Ages 3-6	<b>Kinder Sports</b> 9:30-10:15am Ages 3-6
<b>Sign Language</b> 10:30-11:00am Age 4-6	<b>ABC Fun</b> 9:40-10:05am Age 3-4	<b>Amazing Art</b> 10:00-10:30am Age 2	<b>Roll, Kick, Bounce!</b> 9:35-9:55am Ages 3-4	<b>Fine Motor Fun</b> 10:30-11:00am Ages 2-3	<b>Gym Class Heroes</b> 10:15-11:00am Ages 5-10
<b>All About Games</b> 10:30-11:00am Ages 7-12	<b>*Toddler Tumbling</b> 10:15-10:45am Ages 2-3	<b>Little Tykes Obstacle Course</b> 10:05-10:35am Ages 3-4			
<b>BGC (Book, Game, Craft)</b> 11:00am-11:30am Ages 4-6		<b>*Preschool Extension Class</b> 12:00-3:00pm Ages 3-4 No class 1/3			
<b>Amazing Art</b> 11:00-11:30pm Ages 7-12		<b>*Homeschool Extension Class</b> 12:00-3:00pm GRADES K-12 No class 1/3			
<b>Amazing Art</b> 11:30-12:00pm Ages 4-6					
<b>Poetry</b> 11:30-12:00pm Ages 7-12					
<b>P.E. Class</b> 12:00-12:30pm Ages 4-12					
	<b>Gym Class Heroes</b> 5:15-6:00pm Ages 4-9	<b>Dodgeball Madness Junior</b> 5:15-6:00pm Ages 3-6 years	<b>*Gymnastics</b> 5:30-6:30pm Ages 4-6		
	<b>Dodgeball Madness!</b> 6:30-7:15pm Ages 6-12	<b>Gym Class Heroes</b> 6:15-7:00pm Ages 6-12 years	<b>*Gymnastics</b> 6:30-7:30pm Ages 7-12		

FEATURED PROGRAM  
OF THE MONTH:  
**Family Movie Night**  
Join us for bouncy  
house time and a craft,  
then watch a movie on  
our HUGE inflatable  
screen!

## SPECIAL EVENTS

**Parents Night Out!**  
Saturday, January 13th  
5:30-8:30pm  
Ages 2-12  
\$10 members  
\$15 non-members

**YMCA Babysitting Course**  
Monday, January 15th  
9:00-4:00pm  
Ages 11 and up  
\$40 per person

**Financial Fitness**  
Monday, January 22 and  
Monday, February 5th  
6:00-7:00pm  
Presented by AXA Instructors  
FREE to the community!  
Please pre-register by 1/21

**Family Movie Night**  
Saturday, January 27th  
5:30-7:30pm  
Movie begins at 6pm  
\$10 per family for members  
\$20 per family for non-members  
Please pre-register by 1/26

Programs and events may be cancelled at any time due to lack of enrollment and/or instructor availability.

**Family Wellness Hours:** Ages 8-10. Fridays 4-8pm, Saturdays 12-2pm and Sundays 9am-12pm. Cardio equipment use only with a parent.

**Kids Club:** FREE with your Oswego YMCA family membership while you take classes or work out in the Y! Additional fees if you are out of the building or are a non-member. Ages 3 months to 12 years

**Mon, Wed, Fri, Sat 8:45am-12pm**  
**Tues, Thurs 8:30-12pm**  
**Monday 4pm-7:00pm Wednesday 4pm-7:30pm**  
**Tues & Thurs 4pm-7:45pm**