



## Oswego YMCA Family Programming Class Descriptions

*Not all classes listed below may be currently offered. Classes may be cancelled at any time due to low enrollment and/or instructor availability.*

- ABC Fun:** Ages 2 and 3-4. An early literacy class for littles! They will have fun as they explore letters and sounds. (Family Room) Instructor: Miss Amber
- All About Games: Ages 7-12.** Play games, create games, test out new games– this class is all about games! (Back Gym) Instructor: Miss Joyce
- Amazing Art:** Ages 2, 3-4, and 5-10. An engaging, fun art class with new projects every week! (Family Room) Instructor: Miss Alyssa, Miss Crystal, Miss Joyce
- Baby Boogie:** Ages 6m-18m. Play, crawl, dance in this fun adult/child class! Includes 20 minutes of structured activity and 20 minutes of free play on the padded obstacle course equipment. (Yoga Room and back gym) Instructor: Miss Amber New non-member pricing- \$25 per month!
- BGC (Book, Game, Craft):** Ages 3-6. This class will begin with reading an award-winning book. Children will then do a craft based on the book followed by an active, engaging game! (Family Room) Instructor: Miss Joyce and Miss Dari
- Disney Dance Party:** Ages 1-2. Kids get to dance to their favorite Disney tunes! (Upper Lobby) Instructor: Miss Dari
- Dodgeball Madness:** Ages 3-6 and 6-12. Throw, dodge, and catch! This class is all about dodgeball. (TRX) Instructor: Mr. Tim
- Fine Motor Fun:** Ages 2-3. An independent class focusing on scissor skills, gluing, beading, threading, and more. (Family Room) Instructor: Miss Dari
- Gym Class Heroes:** Ages 4-9 AND Ages 6-12. A fun gym class for kids! (Back Gym) Instructor: Mr. Tim
- \*Gymnastics:** Ages 4-6. Stretching, flexibility, and floor work will be the focus of this class. (Back Gym) \$20M \$55 NM Instructor: Miss Corrie
- \*Gymnastics:** Ages 7-12. Students will learn basic tumbling skills as well as stretching and flexibility. (Back Gym) \$20M \$55NM Instructor: Miss Corrie
- Homeschool Extension Class:** GRADES Kindergarten-12th grade. This amazing drop-off program offers music, art, gym, and a fourth rotating special for homeschool students. Bring a packed lunch and water bottle. Instructors: Miss Amy, Miss Alyssa, Mr. Tim \$20M \$40NM
- Kinder Sports:** Ages 3-6. This class will teach the basics of soccer, basketball, tennis, and kickball. (TRX) Instructor: Mr. Tim
- Little Learners:** Ages 2-3, birthdate before April 1, 2015. Little Learners is an exciting new program that promotes learning through play. These Montessori-style classes will feature hands-on and student-led learning, both structured and parallel play times, music and movement, and more. (Study Zone) Instructor: Miss Morgan \$65M \$75NM
- Little Tykes Obstacle Course:** Ages 12m-4. Every week will feature a new course. Children love to jump, crawl, balance, and run through the course over and over again! (Back Gym) Instructor: Miss Amber
- Move and Groove:** Ages 2 AND 3. This is a gross motor skills class for children and is full of music, movement, and fun! (Family Room) Instructor: Miss Amber
- P.E. Class:** Ages 4-12. A fun and active physical education class. (Back Gym) Instructors: Miss Amber and Miss Dari
- Poetry:** Ages 7-12. Learn various poem styles, read exemplary poetry, and write your own creative poems! (Family Room) Instructor: Miss Dari
- Preschool Extension Class:** Ages 3-4. This class is designed to enrich the preschool experience with music, art, gym, and literacy classes. Also includes lunch (please bring a packed lunch) and play time. Instructor: Miss Amber \$25M \$40NM
- Roll, Kick, Bounce!** Ages 2 AND 3-4. This class will use ball play to engage the little ones with developing gross motor skills. (TRX) Instructor: Miss Dari
- Sign Language:** Ages 4-6. Learn American Sign Language in this fun class! (Kitchen) Instructor: Miss Jessica
- Toddler Tumbling:** Ages 2-3. Learn the basics of tumbling and gymnastics in this fun new class! \$10M \$35NM (Front Gym) Instructor: Miss Amber

### Special Events

- Family Movie Night:** Family Event. Includes craft and bouncy house time before the movie begins! Then enjoy some popcorn and watch the movie on our HUGE inflatable screen. \$10 per family for members \$20 per family for non-members
- Financial Fitness:** Adult Class. Experienced instructors from AXA will be leading this two week program. Get educated on budgeting, retirement, college savings, debt, loans, investments, and more! FREE for members and non-members
- Parents Night Out:** Ages 2-12. It's a Holiday celebration! Bouncy house, obstacle course, team challenges, craft, and a healthy snack are all included. Drop off your kids for a three hours of FUN! \$10M \$15NM
- YMCA Babysitting Course:** Ages 11 and up. Learn about the business of babysitting, how to care for kids ages 0-10, safety and CPR, age-appropriate games and activities, and more. Includes lunch! \$40 per participant

**Member pricing NM= Non-member pricing**