



Oswego YMCA Family Programming Class Descriptions

Not all classes listed below may be currently offered. Classes may be cancelled at any time due to low enrollment and/or instructor availability.

- ABC Fun:** Ages 2 and 3-4. An early literacy class for littles! They will have fun as they explore letters and sounds. (Family Room) Instructor: Miss Amber
- Amazing Art:** Ages 2, 3-4, and 5-10. An engaging, fun art class with new projects every week! (Family Room) Instructor: Miss Alyssa, Miss Joyce
- Baby Boogie:** Ages 6m-18m. Play, crawl, dance in this fun adult/child class! Includes 20 minutes of structured activity and 20 minutes of free play on the padded obstacle course equipment. (Yoga Room and back gym) Instructor: Miss Amber New non-member pricing- \$25 per month!
- BGC (Book, Game, Craft):** Ages 3-6. This class will begin with reading an award-winning book. Children will then do a craft based on the book followed by an active, engaging game! (Family Room) Instructor: Miss Joyce and Miss Dari
- Disney Dance Party:** Ages 1-2. Kids get to dance to their favorite Disney tunes! (Upper Lobby) Instructor: Miss Dari
- Dodgeball Madness:** Ages 3-6, 6-12, and 10-16. Throw, dodge, and catch! This class is all about dodgeball. (TRX) Instructor: Mr. Tim
- Fine Motor Fun:** Ages 2-3. An independent class focusing on scissor skills, gluing, beading, threading, and more. (Family Room) Instructor: Miss Dari
- Gym Class Heroes:** Ages 4-9 AND Ages 6-12. A fun gym class for kids! (Back Gym) Instructor: Mr. Tim
- *Gymnastics:** Ages 4-6. Stretching, flexibility, and floor work will be the focus of this class. (Back Gym) \$20M \$55 NM Instructor: Miss Corrie
- *Gymnastics:** Ages 7-12. Students will learn basic tumbling skills as well as stretching and flexibility. (Back Gym) \$20M \$55NM Instructor: Miss Corrie
- Homeschool Extension Class:** GRADES Kindergarten-12th grade. This amazing drop-off program offers music, art, gym, and a fourth rotating special for homeschool students. Bring a packed lunch and water bottle. Instructors: Miss Amy, Miss Alyssa, Mr. Tim \$20M \$40NM
- Kinder Sports:** Ages 3-6. This class will teach the basics of soccer, basketball, tennis, and kickball. (TRX) Instructor: Mr. Tim
- Little Learners:** Ages 2-3, birthdate before April 1, 2015. Little Learners is an exciting new program that promotes learning through play. These Montessori-style classes will feature hands-on and student-led learning, both structured and parallel play times, music and movement, and more. (Study Zone) Instructor: Miss Morgan \$65M \$75NM
- Little Tykes Obstacle Course:** Ages 12m-4. Every week will feature a new course. Children love to jump, crawl, balance, and run through the course over and over again! (Back Gym) Instructor: Miss Amber
- Move and Groove:** Ages 2 AND 3. This is a gross motor skills class for children and is full of music, movement, and fun! (Family Room) Instructor: Miss Amber
- P.E. Class:** Ages 4-12. A fun and active physical education class. (Back Gym) Instructors: Miss Amber and Miss Dari
- Preschool Extension Class:** Ages 3-4. This class is designed to enrich the preschool experience with music, art, gym, and literacy classes. Also includes lunch (please bring a packed lunch) and play time. Instructor: Miss Amber \$25M \$40NM
- Roll, Kick, Bounce!** Ages 2 AND 3-4. This class will use ball play to engage the little ones with developing gross motor skills. (TRX) Instructor: Miss Dari
- Toddler Tumbling:** Ages 2-3. Learn the basics of tumbling and gymnastics in this fun new class! \$10M \$35NM (Front Gym) Instructor: Miss Amber

Special Events

- Financial Fitness:** Adult Class. Experienced instructors from AXA will be leading this two week program. Get educated on budgeting, retirement, college savings, debt, loans, investments, and more! FREE for members and non-members
- Little Explorers Adult/Child Class:** Enjoy special bonding time with your child at this fun sensory play class! Pre-register by 2/16 Free for members \$10NM
- Paint and Bounce:** Ages 5-8 (ages 9-16 welcome, but note that the teaching pace will be geared toward the younger age group). Small-group instruction to create a painting masterpiece! Includes snack and bouncy house. \$15M \$25NM
- Paint and Bounce Jr:** Ages 2-5. Paint a masterpiece, have a snack, then bounce in the bouncy house! \$10M \$20NM
- Parents Night Out:** Ages 2-12. This month's theme is Valentine's Day! Bouncy house, obstacle course, team challenges, craft, and a healthy snack are all included. Drop off your kids for a three hours of FUN! \$10M \$15NM
- Princess Adventure:** Ages 3-7. Includes dinner, craft, tea party, and an all-new adventure! \$15M \$20NM
- Tomb Raider Adventure:** Ages 3-7. Includes dinner, themed craft, and an ancient Egyptian adventure! \$15M \$20NM
- Tween Paint and Bounce:** Ages 8-16. Includes step-by-step painting instruction, snack, and bouncy house. Please pre-register! \$15M \$25NM
- Valentine's Day Family Dance:** All ages! Dancing, fun, photo booth, and snacks! Oswego YMCA members are invited, and will receive one invitation to give to a non-member family! See the front desk to get the invitation. \$5 per family

Member pricing NM= Non-member pricing